



Responsibility

Hello Parents and Guardians,

Welcome to Unit 5 of our Kindness in the Classroom curriculum. For the next 4-6 weeks we will be learning all about RESPONSIBILITY. Since this is still a fairly new concept for children this age, we will focus on the following topics:

TOPIC	QUESTIONS WE’LL BE EXPLORING	HOW YOU CAN HELP AT HOME
Responsibility	<ul style="list-style-type: none">• What does it mean to be responsible for your actions?• How do you accept responsibility for what you say and what you do?	Create a list of school and home responsibilities with your child. Emphasize how their responsibilities actually help their class. What are they responsible for at home? Explore that as well!
Respond Kindly	<ul style="list-style-type: none">• How do we respond to others?• How can we use kindness to respond in a kind way, no matter what?• Why is being kind such an important responsibility?	Discuss the importance of responding kindly to others, even during difficult situations. If possible, identify some tough scenarios and practice responding kindly.
Self-Discipline	<ul style="list-style-type: none">• What is self-discipline?• How do we use self control in our classroom?• What might happen if we didn’t stay in control of ourselves?	Talk with your child about what self-discipline looks like in their class. How do we sit in our chairs/at the table? How do we answer a question? How do we move through the building? Emphasize kind, safe actions at all times.

Key activities we’ll be doing:

- Explore the how to be responsible for our own bodies!
- Find common responsibilities in shared areas in our school!
- Discuss animal habitats!
- Create recycled bracelets!

If you have any questions about our *Kindness in the Classroom* lessons, please feel free to contact me at anytime. We are on this kindness path together!

Sincerely,

TRY THIS AT HOME!

If you don’t already, start recycling in your home. Begin small with cardboard or milk jugs. If you already recycle, make an effort to increase the amount you can reuse and reduce the amount of waste you produce.